Talk About Teaching Exploring Mental Health & Wellbeing in HE



Belonging, participation and a sense of place in a learning community

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Project Overview

- Our main aims were to explore:
 - The degree of trust students placed in the rationale for module tasks and assessment
 - The reasons why students might have recourse to friends rather than staff when seeking assurances about their learning
 - The relationship between student confidence, senses of belonging and development of learning
 - Student perception of learning communities and their role in their learning
 - The extent to which students' pre-university experiences shaped their learning and confidence at university
- Use of educational biographies to explore these questions

Pilot Questionnaire

- Student as Researchers scheme with 2nd-year student Caitlin Finn
- Small-scale pilot questionnaire sent to students in the School of Humanities, with the following questions:
 - What kind of further education establishment did you attend?
 - How would you describe your experience of learning and education before university? Was university your first choice? Had you always intended to do a Humanities degree?
 - How confident were you in your learning?
 - Do you feel confident in approaching the assignments laid out by lecturers?
 - During your time at university, do you believe you have utilized university resources to increase your confidence?
 - Do you believe there is a disjunction in the community between students and staff?
 - What do you feel creates, or could create, community between students and staff at our university?

Preliminary Thoughts and Questions

- From preliminary analysis of 14 respondents, the following themes emerged:
 - A considerable correlation between confidence in learning and a sense of community
 - Pre-University learning confidence correlated with strong senses of community
 - A set of values that underpinned ideas of community and how staff fostered these:
 - Openness, friendliness, honesty, authenticity (i.e., staff being themselves)
 - Care and attention paid to student ideas and opinions – sense that they mattered
 - Importance of hierarchy to previous learning experience
 - Some appreciated the horizontalizing of hierarchies at university, others correlated this with a loss of support

Further Research

- Multiple avenues for further research:
 - A refined questionnaire sent to all Schools
 - Questions focused on: Year; Subject; Residential/Commuter/International; Levels of P/T work
- Further refine and explore our preliminary hypotheses:
 - Does lower confidence in pre-University education equal lower confidence at University?
 - What crossover exists between University community/belonging and educational confidence?
 - What do students consider important in creating community?
 - How far are pastoral, educational or social elements important for community building?
- Work-in-progress article for Student Engagement in Higher Education Journal

Discussion

Brief Audience Survey

 Use the Mentimeter to state your School and your main role (e.g. Teaching, Professional Services etc.).
 The code is: 31588379 Contexts could be illuminating for understanding responses

Questions/Issues

- In what ways do any of the themes we have raised ring true to your experiences of teaching and supporting students? How common are our perceptions and experiences?
- What would you like to know about students' sense of community?