

# TRANSFERRABLE SKILLS

## THINK OF THE ACTIVITIES YOU DO OUTSIDE OF SCHOOL

This could be your hobbies, interests, any clubs or sports you are part of, or any volunteering and helping you do.



Write three things here:

Blank speech bubble for writing an activity.

Blank speech bubble for writing an activity.

Blank speech bubble for writing an activity.

You might be a part of a sports club, or volunteer or work part time. You may have to babysit or care for a relative. This is all valuable experience

## TAKE EACH OF THOSE ACTIVITIES AND THINK OF THE SKILLS THAT RELATE TO IT



For each activity, use the spider diagram below to link the skills to your experience. See how many skills you can tick off. **RULE** - you have to be able to give an example of a time you've used that skill in that activity to write it down!

- communication
- team work
- dedication
- time management
- perseverance
- problem solving
- independence
- leadership
- punctuality
- organisation
- initiative
- goal setting,
- prioritising,
- working to deadlines,
- coping with pressure,
- managing conflicts,
- IT skills
- delegation
- networking
- confidence
- written communication
- reading
- listening skills
- flexibility
- presenting skills
- data handling
- criticality
- self-management
- logical thinking
- motivation
- analysing skills
- public speaking
- detail-oriented

## FOR EACH OF THE SKILLS YOU'VE LISTED, THINK OF HOW THIS APPLIES TO YOUR DREAM JOB/CAREER/COURSE

Can you think of a way each of those skills would benefit you in the world of work? Perhaps look on a university website or onto a job description to see how they connect.

You may have two career interests, you'll be surprised how often skills overlap. Write two career/subject interests down in each circle, then group the skills which fit the first, the second or both!

